



# Campbell Springs Farm Happenings

## Spring Shots are Due!

Vaccination dates:

**Deer Creek Veterinary Service**

598-3759

Tuesday, February 17th

**Woodside Equine**

798-3281

Friday, February 20th

1. Call your vet to schedule your horse.
2. Then call the CSF Office so we can add your name to our list for that day.

## Kicking off the New Year

Happy New Year!



We are looking forward to enjoying a very busy and exciting 2004 with you and your horse... .

We now have six fabulous riding instructors, a beautiful new barn, spacious covered arena, a cross country course under construction and lots of shows and clinics planned!

Please watch our website for details:  
[www.campbellspringsfarm.com](http://www.campbellspringsfarm.com)





**Congratulations to Jennifer Oliver!**  
Jennifer completed the Certified Horsemanship Association's instructor evaluation and was awarded **CHA LEVEL 3 English** .

## Legends 12 Feed

At Campbell Springs Farm, we take pride in feeding your horse nutritious, quality grain.

For this reason, we have selected **Southern States Legends 12 Pelleted Feed** to help keep all of the horses on full care happy and healthy. You may wonder, "Why did they choose pelleted feed rather than sweet feed?"

After doing our research, we found many benefits to feeding pelleted grain.

### Among the benefits:

- \* Pellets have a higher digestibility rate. Pelleted grains do not pass through the manure as we see in textured feeds.
- \* Because there is no undigested grain left in the manure, there is not a draw for the rodent and birds as there is with textured feed.
- \* The pelleted feeds are more easily utilized by the horses' system.
- \* Nutritionally, pelleted feed is more balanced compared to textured feed.

This is due to the consistency of the pellet holding equal amounts of minerals and vitamins.

- \* Pelleted feed does not freeze or "brick up".
- \* Pellets do not draw flies like sweet feed does.
- \* Pelleted feed stays fresh almost three times as long as sweet feed.

Legends 12 pelleted feed offers the maximum nutritional benefits to your horse and we are pleased to be providing this quality feed to your horses twice a day.

## Help Support the Brain Injury Foundation of Virginia

While you are making plans for your charitable contributions for 2004, I wanted to let you know that we will be holding our Annual Benefit Trail Ride on the 14th of August. All proceeds will benefit the Brain Injury Foundation of Virginia. This is a very worthy group. Please plan to support your favorite trail rider for this fundraiser!

Thanks! Sara



## New Roads to Travel

Since the North Barn & Covered Arena have been built there is naturally more traffic at the farm. For safety's sake, we ask anyone riding their horse from one barn to the other to use the path behind the hay barn and South Barn riding rings from now on.

We also have a new road from River Road to the North Barn. The road was just re-graded last week with more gravel and granite dust. So, when you are traveling please make sure you use the new road instead of the Campbell's driveway. Thanks!

### A Warm Welcome to Our New Boarders

**Kendall Lefever and "Dutch"**

**The Barnes Family and "Rocco"**

**Tenley Davenport and "Bella"**

**The Farina Family and "Angel"**

**Mary K. Butler and "King"**

**The Jablonski Family and "Chaps"**

**Jennifer Harrell and "Frankie"**

**Wayne Campbell and "Coco"**

**Beth Brown and "Falcon" & "Smooch"**



## Incentive Program

CSF is offering an incentive program to all of our boarders and lesson students for the next 90 days!

This is how it works...

\* If you refer a new boarder to us who is accepted prior to April 15, 2004 we will issue a one time credit of **\$100** on your monthly board or lesson bill.

\* All those who refer a new student into our riding lesson programs will receive one free private lesson after the student you referred completes four lessons.

We have plenty of flyers available in the office which are great to hand out when you tell people where you ride or where your horse is boarded.

Thanks!

### **NEW STAFF ANNOUNCEMENT**

Johnny Johnson will be joining CSF as a full time Barn Team Leader on February 8th, 2004. Johnny brings with him decades of experience in horse care, from some of the top stables in Virginia. We are delighted to have Johnny aboard, and know that his knowledge and expertise will benefit all the horses and boarders here. Johnny will be joining the Barn Care Team, and will be a Team Leader along with Ken Guilliams. Please join us in welcoming Johnny!

### 2004 CSF CALENDAR OF EVENTS

**February 28th**

**The Enlightened Equestrian**

**March 6th**

**GRHSA Hunter Show**

**March 27-28th**

**Spring Training Weekend**

**April 16-18th**

**John Sanford Horsemanship Clinic**

**May 8th**

**CSF Dressage & Combined Test**

**June 12th**

**CSF Spring Horse Trials**

**June 21st**

**Summer Camp Begins (Beginner-Advanced)**

**June 19-20th**

**John Williams Eventing Clinic**

**July 24th**

**GRHSA Hunter Show**

**August 14th**

**Benefit Trail Ride for Brain Injury Foundation of VA**

**September 4th**

**CSF Fall Horse Trials**

**September 25th**

**Moonlight Trail Ride**

**October 9th**

**GRHSA Hunter Show**



## Getting Started in Eventing by Blake Thomas

Eventing, or combined training, is a challenging and alluring sport. Over the years the sport has attracted more and more competitors at all levels from beginner to advanced. Today the national association that oversees eventing in the U.S. is the United States Eventing Association, or USEA.

With almost 14,000 members and over 270 recognized events every year, and three times that in unrecognized events; the sport has become much more visible and interest is growing every year.

The sport of eventing consists of three basic disciplines; dressage, endurance (cross-country), and stadium jumping. The origin of the sport comes from the days of the Calvary when military officers competed to determine who was the fastest, bravest, enduring team and where the horse was the most obedient. Dressage exemplified training and control, while endurance showed the horse and riders ability in the battle field, and stadium displayed the teams skill and strength. Each test requires different skills and different training.

It should be no surprise to anyone that eventing is not a beginner sport. There are many lessons to be learned and experiences that should be had before attempting to seriously event. So how do you get started in eventing?

First, you have to learn how to be a complete horse person. That may sound over simplified, but what I am talking about is the knowledge, skill and ability to take care of a horse and to ride without supervision. In other words, you the rider should be able to handle everything from picking out the horses hooves to being able to dismount move a limb or obstacle and remount out on the trail by yourself. No assistance. The

event rider has experience riding in the open and competing on a horse and is not timid in the saddle.

For the first time rider, begin by taking riding lessons and progressing to where you can jump fences on your own. As you progress in your training, travel to local shows competing in hunter/jumper classes and dressage. I realize that the Dressage horse and the Show Hunter horse are two different animals, but the experience is necessary to prepare you for eventing. Look for 'Combined Test' competitions where the Dressage and Stadium are judged together without the cross-country. Spend some time riding in the open without the benefit of a ring. I am not talking about trail riding, however that is very helpful as well. Begin to work on your flat work and jumping in fields and on open courses. As you begin to experience the later, you will appreciate the need to have these skills in place before you begin your eventing experience. The sides of a dressage ring are only about a foot tall and the rest is done in the open.

Unfortunately, too many people skip some or almost all of the steps to becoming a true eventer and quickly become discouraged or even worse, hurt. Eventers must ride their dressage test completely from memory, maneuver the many different questions presented on the cross-country course and jump a technical stadium jumping course without assistance. Eventing is a very exciting sport and a very balanced sport. Women and men compete together under the same rules and there are no 'politics' like there are in so many other



Example of a Cross Country Jump

equestrian disciplines. You either complete the task correctly or you don't. You may not be as good at one of the skills and better at the others and still place at the top. I don't think you will find a greater sense of sportsmanship and concern for horses like you find in the eventing world. It is truly the ultimate equestrian sport.

If I have made you think - good. If I have discouraged you a little - don't be discouraged. We have several things planned this year to help you get started in eventing, including a 'Combined Test' in May, two horse trials in June and September and an eventing clinic by one of America's top event riders and gold medalist, John Williams. So start now at improving your horsemanship skills and spending some time in the leather. I am confident that you can be ready to enjoy at least one of the events planned this year and get your eventing goals underway in 2004.

Good luck and see you on the course!



CSF's Kristen Baker on course aboard her horse, Jackson Square



**As the New Year gets underway, we would like to thank you for all of your help during the past year. Our barn would not be successful without the help of each of you. During the past year, you have helped in many ways such as picking up rocks from the horse fields and volunteering to make our horse shows and clinics successful. After the destruction caused by Hurricane Isabel, many of you unselfishly donated your time to pick up limbs, saw trees, mend broken fences, and feed and water horses.**



**Running a farming operation like Campbell Springs Farm is a big undertaking and needs the assistance of many people, both paid and volunteer. To each of you who board here as well as everyone who works here on a day-to-day basis, we would like to say a big “Thank You”!**



**As we venture into 2004, we hope each of you will feel like a true part of Campbell Springs Farm. Anything constructive you do here at the farm, whether it be boarding, taking lessons, working in the office, teaching, or volunteering... it is always appreciated.**

**Again, thank you for being here and let's all have another wonderful year!**



**Wayne & Sara**



