

September 2003

A Warm Welcome to:

Tiffany Wilmoth and her horse, *Ginger*

Maggie, our new School Horse, generously donated by Linda Oest



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Campbell Springs Farm Happenings

The Summer in Review

As Fall approaches, all of us at CSF have lots of nice summer memories to reminisce about. We have welcomed new boarders, made new friendships, enjoyed fun trail rides and activities at the farm with our horses.

The summer was kicked off by hosting our first VHSA Associate Horse Show. The show series couldn't have been possible without our gorgeous new set of custom built jumps. The jumps were designed and built by Shawn & Wayne Campbell and painted by our 4-H Club and its adult volunteers. The shows also wouldn't have been successful without our amazing crew of volunteers! A special thanks goes to Kristin Anderson for representing us well as our show manager and Wanda

Reese for being our show secretary. Practically every boarder and some generous lesson students gave their time and, unfortunately, there are just too many names to mention in this publication. Thank you show volunteers!

Many of our lesson students as well as kids from the area enrolled in Beginner or Advanced Summer Horse Camp. Kristin Anderson, Louise Rutledge & Michelle Morris all worked hard to make sure the week-long camps were enjoyable and educational for all of the participants. The six weeks of Summer Camp wouldn't have been possible without our talented camp counselors. Lindsay Holley, Brittany Stallings, Mandy Lynch, Frankie Leary, Shannon Davis, Kristin Polich,

and Andrea Canerossi all did a fantastic job of teaching the children safety and fun in horseback riding. Thank You!

Our first "Saddle Up For St. Jude" trail ride was a huge success in spite of the less than perfect weather. We raised over \$4000 for St. Jude Children's Research Hospital. There were many great door prizes and Wayne and Sara provided a wonderful lunch for all participants and volunteers. Thank you to everyone who helped us help the children of St. Jude's.

We are looking forward to a very exciting fall! Watch your e-mail for invitations to our shows and events!

Fall Harvest Sale!

Beginning Monday, October 6th we will be selling items for your Fall decorating needs and enjoyment!

Pumpkins, corn stalks, apple butter, straw &

gourds will be plentiful. Come on by during our farm office hours: Monday-Friday 8:30am-5:00 pm; Tuesday and Thursday evenings 6:00-9:00pm; and Saturday 9:00am-noon.



Ground Manners 101 by Kristin Anderson



A young girl and her mother are caring for a horse named, "Sebastian". On the first day of care, the mother and daughter walk out to the field with a halter and lead rope. Sebastian does not walk to them when they call. As they approach, he pins his ears, swings his rear end and threatens to kick. The mother and daughter begin to get upset and scared. They finally place the halter on Sebastian, but he has a scowl on his face and pulls ahead of them while they walk. As they approach the gate, Sebastian speeds up his pace and all of his attention focuses on his stall where he knows his feed and hay are waiting. The horse lifts his head high as the mother yells to her daughter to open the gate quickly. When the gate flies open, Sebastian runs through the gate stepping on Mom's foot. She puts all of her effort into pushing anxious Sebastian off of her throbbing foot, and within those five seconds, the horse has flipped his head hard enough to yank the lead rope from her hands and take off at a canter towards his stall in the barn.

This story is all too common. As you read this, you may have recognized some traits in your horse. Why are good ground manners important? Well, children grow up with their parents teaching them good table manners and how to respect others. No one appreciates someone who is pushy and

impolite in line at the grocery store, and no one likes those rotten bullies at school! Every rule that applies to us as humans, also applies to our horses. Sebastian in this story was both a bully and pushy about his food.

From day one, a foal is taught by his mother to have "horse manners". In order for people to become "friends" with horses, we have to teach them to respect us.

For centuries, many people have believed force and violence help them gain power over other living creatures. A person who uses such force and violence gains no friendship, no relationship, and most importantly no respect. Anger and violence could very likely bring more violence and anger back from the horse one thinks they are gaining respect from. No one wants a 1,100 pound animal mad at them! The best way to gain a respectful friendship and understanding between you and your horse is to be patient, kind and firm when needed.

Gaining respect from your horse is accomplished through communicating in a way that is easy for your horse to understand. Remember, horses do not talk! A horse's form of communication is through body language towards other horses. A herd of horses has various ranks. This means the "leader" or dominant horse rules

over the other horses in his herd. When you and your horse are working together, you must establish you are the leader of the herd. When your horse walks into your space, rubbing his head on you to push you around, do not be afraid to defend your space! Push your horse away from you or send him a few steps away. Those of you who are familiar with the Doug Duvall clinics or Natural Horsemanship ways know some techniques on defending your space. If you are curious, please do not hesitate to ask one of the CSF instructors how to accomplish this!

The first step to getting your horse to respect you is through respect of your space. Of course, nothing is gained in one session or a few days. Have patience and pretty soon, a constant routine of gentle yet firm reinforcement will help you attain a wonderful friendship with your horse! It is worth it!

Remember, when you begin to realize you and your horse are frustrated and stressed about something in your relationship, talk to a professional. The CSF staff is here to help you, and if one of us cannot, we'll direct you to someone who can. Owning a horse is supposed to be fun, relaxing, and fulfilling...not scary, stressful, and frustrating. Don't let horses like Sebastian walk all over you (literally!).



If you are a CSF lesson student and are interested in leasing a horse or pony, please come to the office for more information.

If you need to communicate with the Horse Care Team, please write on the new dry erase board in the Feed Room. To avoid confusion, the board in the Main Barn is now designated for boarders to write notes to each other not the Barn Team. Thanks!

Please do not leave children unattended in the farm office or meeting room.

CSF Equestrians 4-H Club News

The first 4-H meeting of the new season was September 8th at 7:00 pm in the Campbell Springs Farm meeting room. Wanda Reese & Michelle Morris (our co-leaders) have many great activities lined up for

the club!

Our officers are:

President, Brittany Stallings

Vice President, Erika Stanley



Secretary, Kathryn Roberts

Treasurer, Kara Nunnally

Historian, Brandy Boggs

Newsletter Editor, Claire Hatten

Starch or No Starch?

We are starting a Horse Blanket Laundry Service! We have a nice, new heavy duty washing machine and we are ready to roll!

First, we'll prepare your horse's blanket by removing loose hairs and dirt. Next, we'll hose the outside of the blanket to remove the surface mud and dirt. If the blanket smells strongly of

urine, it may require a full day of soaking in a tub of mild detergent and cold water prior to washing.

All blankets will be air dried outside. Clean, dried blankets can be stored for you in a vacuum sealed "space bag".

We also will be offering a blanket waterproofing service.

PRICES:

Heavy Blanket: \$20

Light Blanket: \$15

Fly Sheet: \$10

Saddle Pads: two for \$5

Leg Wraps: \$3

Presoaking: \$10

Space Bag: \$12

Fall Lineup

Just because Summer is ending, doesn't mean the activities are over at the farm! We have a colorful lineup of Fall events!

September 22nd-Fall Harvest Sale begins

October- Mom's Morning Out

October 11th-Moonlight Trail Ride and Cookout

October 18th-CSF Dressage & Combined Training Test

October 30th- Annual Pumpkin Carving

November 8th- CSF Schooling Show

Late November-Kiwi Dale Weekend Riding Clinic

Enlightened Equestrian II- Date TBA

We hope you can join us!

A new face!

**FOR EVERYONE'S SAFETY,
PLEASE USE THE NEW
RIDING TRAIL BEHIND
THE RINGS INSTEAD OF
THE DRIVEWAY.**

We're on the web!
www.campbellspringsfarm.com

CHECK OUT OUR RING
SCHEDULES, LESSON &
EVENT INFORMATION AND
PICTURES ON OUR NEW
SITE!!!

We would like to continue to
offering snacks and drinks
through the "honor system".
Please don't forget to pay!

Let's welcome Kaye Nettleton to the CSF Staff! Kaye is working in the office Tuesdays and Thursdays. She is available to assist you with information on boarding, special events, lessons, farrier & vet appointments, feed orders and more! Kaye brings many years of horse expertise to the table as she was the manager of the equine department at Southern States. She owns two horses, Winter & Jazzy.



CSF is searching for
old artificial Christmas
Trees to be used to
decorate our jumps for
shows.

Please let
us know if
you can
help!



New CSF Equestrian Complex

Everyone is wondering what is going on with our field on the hill behind Wayne & Sara's home. Here's an update!



Our new 250'x120' covered arena is due to be complete in early November. Five tractor trailer loads of steel were delivered a few weeks ago and the footings for the building have been dug.

The covered arena will have a large, glass-enclosed, heated/air-conditioned observation room for parents, friends or judges. Our new custom-designed, 34 stall barn will be complete by December 1st (weather permitting). Leon Lapp is our talented builder. Some of the many amenities in our new barn will be: two indoor hot & cold wash stalls, four grooming stalls, climate controlled tack room, concrete aisles, sliding stall doors, dutch doors, porches on the long sides of the barn, and covered breezeway to the arena.

In addition to the covered arena and new barn, there will be a 300' x

200' lighted, outdoor arena as well as a separate outdoor dressage ring.

Our new Cross Country course will be developed over the winter in time for a Spring 2004 event. We are proud to have Blake Thomas as our course designer!

We are going to begin taking reservations for the new barn now. This will be a full-care only facility designed namely to meet the training needs of hunter, dressage & eventing riders. CSF boarders have the first opportunity to place their names on the waiting list.