

The Enlightened Equestrian

Educational clinics designed to enrich your equine experience!

Saturday, February 4th, 2006

- 8:00-8:30** **Welcome!** Coffee & donuts provided by Farm Credit
- 8:30-9:30** **Martin W. Adams, Ph.D.**, Equine Nutritionist Specialist, Southern States Cooperatives, "Fat Pony, Skinny Horse: Feeding scenarios for problem horses"
- 9:30-10:15** **Beth Brown**, certified VHSA Hunter Show judge, "What a judge looks for in a Hunter competition"
- 10:15-10:30** **Break** sponsored by Farm Bureau
- 10:30-12:00** **Dr. Paul Haefner, PhD.**, Equine Sports Psychologist, author of *Riding Far*, learn how to manage competition anxiety, improve your focus, and enhance your performance
- 11:30-1:00** **Vendor Exhibition and Lunch**, catering sponsored by Southern States Exhibitors include: Southern States Cooperative, Farm Credit, Horse Pics Photography, and many more. Featuring a demonstration by MSA Certified Saddle Fitter Ann Mary Bettenson!
- 1:00-2:30** **Dawn Cooper, TBMI, TPM Eq., Cn.**, learn the total balance method of Equine Myo Therapy
- 2:30-3:00** **Judy Hensley**, EMO Insurance, "Why insurance is important for you and your horse"
- 3:00-3:15** **Break** sponsored by Farm Bureau
- 3:15-4:15** **Jennifer Wright, DVM**, Virginia Equine Clinic, "Proper Treatment of common injuries and ailments"

We have space for just 50 guests, so you'll need to reserve your seat in advance. Attendance is \$30, or just \$20 for 4-H members. Please call Sharon at the Farm Office at (804) 590-3400 to reserve your seat. Directions are available at www.campbellsprings.com. We look forward to welcoming you to the fourth annual Enlightened Equestrian at Campbell Springs Farm.

Campbell Springs Farm

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